

1983 Region 8AA Girls Championship at Alexandria on Saturday, June 4th

Teams: Alexandria 69, St Cloud Tech 66, Moorhead 49, Fergus Falls 40, Brainerd 34, Detroit Lakes 31, Wadena 30, Crookston 28, St Cloud Apollo 26, Bemidji 24, Rocori 18, Melrose 18, Little Falls 11.5, Park Rapids 8, East Grand Forks 6.5, Albany 4, Sauk Rapids 2.

100

- 1 Shannon Rauch, SCT 12.2
- 2 Sandee Goedeke, Bem 12.2
- 3 Pachel, PR
- 4 Kunz, FF
- 5 Gill, Alb
- 6 Herzog, Alex

200

- 1 Sandee Goedeke, Bem 25.3
- 2 Shannon Rauch, SCT 25.5
- 3 Holly Farrar, FF
- 4 Bonnie Steinbach, Wad
- 5 Herzog, Alex
- 6 Rongen, Cr

400

- 1 Bonnie Steinbach, Wad 58.2
- 2 Holly Farrar, FF 58.9
- 3 Taus, Cr
- 4 Kavaney, SCT
- 5 Michelle Mallow, DL
- 6 Gill, Alb

800

- 1 Bobbi VanAmber, Alex 2:16.1 **
- 2 Michelle Mallow, DL 2:24.0
- 3 Kirchner, Apo
- 4 Rauch, Apo
- 5 Waverek, Apo
- 6 Machtemes, Alb

1600

- 1 Heidi Keller, SCT 5:06.5 **
- 2 Pam Urbanski, SCT 5:08.3
- 3 Thorkelson, Alex
- 4 Jonas, Apo
- 5 Rasmussen, EGF
- 6 Doll, Mhd

3200

- 1 Brenda Dickmann, LF 11:17.9
- 2 Shelia Pexsa, Alex 11:20.3
- 3 Shorter, SCT
- 4 Greenwood, Mhd
- 5 Lambert, FF
- 6 Vorachek, Alex

100 Hurdles (30")

- 1 Nina Borgwarth, Brd 14.2
- 2 Michelle Kern, Alex 14.3
- 3 Allyson Grohnke, Mhd
- 4 Freman, Wad
- t5 Brown, Mhd
- t5 Sutter, Mhd

200 Hurdles (30")

- 1 Nina Borgwarth, Brd 29.1
- 2 Vicki Anderson, SCT 29.5
- 3 Allyson Grohnke, Mhd
- 4
- 5
- 6

4x100 Relay

- 1 Brainerd 50.4 ** (M Wodarz, J Klang, J Larson, N Borgwarth)
- 2 Moorhead
- 3 Detroit Lakes
- 4 SC Apollo
- 5 Park Rapids
- 6 Little Falls

4x200 Relay

- 1 Fergus Falls 1:46.5 (S Kunz, K Donahue, D Gilbert, H Farrar)
- 2 Crookston
- 3 Wadena
- 4 SC Tech
- 5 SC Apollo
- 6 Alexandria

4x400 Relay

- 1 Alexandria 4:06.5 (L Letterman, M Kern, J Torkelson, B VanAmber)
- 2 Crookston
- 3 SC Apollo
- 4 SC Tech
- 5 Melrose
- 6 Moorhead

Shot Put

- 1 Julie Eisenschenk, Roco 42-8.75 **
- 2 Shirley Molitor, Roco 38-0.5
- 3 Tracy Mollick, Mhd
- 4 Sprague, Cr
- 5 Oehrlein, SCT
- 6 Dunham, DL

Discus Throw

- 1 Jackie Treischel, Alex 118-11
- 2 Barb Lee, Alex 118-0
- 3 Berenz, DL
- 4 Tina Erickson, Bem
- 5 Willette, DL
- 6 Sprague, Cr

Long Jump

- 1 Ann McKenna, Mhd 17-3.5
- 2 Karen Sieben, Mel 16-10.25
- 3 Schmitz, DL
- 4 Gonsorowski, EGF
- 5 Anderson, SCT
- 6 Sandee Goedeke, Bem

High Jump

- 1 Sharon Kunz, FF 5-3.5
- 2 Lynn Tomasek, Mel 5-3.5
- 3 Holly Thompson, Wad 5-3.5
- 4 Holly Brodmarkle, Brd 5-3.5
- 5 Allyson Grohnke, Mhd
- t6 Culshaw, LF
- t6 Lindquist, EGF

* Ties Meet Record

** New Meet Record

Notes: Alexandria was coached by Jim Odden.